



## APPETIZERS



**Chicken Wings** *One dozen hot & spicy, honey garlic, BBQ or salt & pepper wings with celery, carrot sticks & our own special dip. \$7.95*

**Supreme Nachos** *Tortilla chips covered with Cheddar cheese, jalapenos, lettuce and tomatoes, served with sour cream & salsa. \$7.25* **Spicy ground beef \$2.00**

**Pizza Bread** *A small crust pizza topped with parmesan cheese, spices and garlic butter cooked to perfection \$6.25* **With meat sauce \$7.25**

**Deep Fried Perogies** *A 1/2 dozen homemade perogies, deep fried to a light golden brown, & covered with bacon bits. Served with sour cream \$6.95*

**Deep Fried Mushrooms** *Battered mushrooms deep-fried to a golden brown, served with a creamy Ranch dip. \$6.95*

**Dry Garlic Pork Bites** *Pork ribs marinated in our special spicy coating, deep fried to perfection and served with fries. \$7.95*

**Potato Skins** *Eight hot skins topped with Cheddar cheese, real bacon bits & green onions. Served with sour cream. \$6.15*

**Moza Sticks** *Delicious crispy mozzarella sticks, lightly breaded and deep fried. Served over a bed of lettuce with our special dipping sauce \$6.95*

**Shrimp** *A double baker's dozen of delicious mouth watering tiger shrimp sautéed in garlic butter. Served over a bed of lettuce with garlic-lemon butter and seafood sauce \$15.95*



## SOUP & SALADS



**Soup** *Your choice of 2 soups made fresh daily, so good you'll think mom made them*  
**Bowl \$3.75**

**Garden Salad** *Fresh tossed lettuce with sliced radishes, diced carrots, cheese & celery with your choice of dressing. \$5.95*

**Caesar Salad** *Fresh Romaine lettuce topped with parmesan cheese, smoked bacon bits and croutons with our own creamy dressing. \$6.95*

**With 4 oz of Chicken or Cajon Chicken Breast \$10.45**

**Beef or Chicken Soft Taco** *Two soft tortillas filled with 4 oz of diced spicy chicken, lettuce, onions, tomatoes & grated cheese. Served with guacamole, sour cream & salsa, & your choice of fries or tortilla chips \$9.95*

**Chicken Quesadillas** *Two cheeses, tomatoes, onions & 4 oz of diced of Cajun chicken with grilled soft flour tortillas. Served with guacamole, sour cream & salsa, & your choice of fries or tortilla chips. \$10.15*



## BURGERS



**Hamburger** A homemade 100% lean beef patty, on a toasted Sesame Seed Bun **\$5.25**

**Cheeseburger** A homemade 100% lean beef patty with cheese, on a toasted Sesame Seed Bun **\$5.75**

**Bacon & Cheeseburger** A homemade 100% lean beef patty with cheese & bacon, on a toasted Sesame Seed Bun. **\$6.25**

**Mushroom & Mozza** A homemade 100% lean beef patty with Mozza cheese & sautéed mushrooms, on a toasted Sesame Seed Bun **\$6.25**

**Crunch Burger** A crunchy crispy chicken breast, cooked to a golden brown, with cheese, bacon and Mayo on a toasted Sesame Seed Bun **\$7.05**

**4-Winds Burger** A homemade 100% lean beef patty with Mozza cheese, bacon & sautéed mushrooms, on a toasted Sesame Seed Bun **\$6.55**

**4-Winds Big Boy** 2 homemade 100% lean beef patties with cheese & bacon, on a toasted Sesame Seed Bun **\$8.45**



## SANDWICHES



**Grilled Cheese** Cheese slices between two pieces of Texas bread, grilled to a golden brown **\$4.25**

**Fried Egg** A fried egg served on Texas bread **\$4.25** **With Ham or Bacon \$5.35**

**Egg Salad** Boiled egg diced with green onions & Mayo on Texas bread **\$4.25**

**Grilled Cheese & Ham or Bacon** Cheese with a slice of ham or crisp bacon slices between two pieces of Texas bread, grilled to a golden brown **\$5.25**

**Fried Egg, Ham or Bacon & Cheese** A fried egg & cheese with ham or bacon on Texas toast **\$5.35**

**Open or Closed Denver** 2 fresh eggs scrambled with onions, green peppers & ham placed over Texas toast **\$5.65**

**Toasted BLT** Bacon, tomatoes & lettuce, on Texas toast **\$5.25**

**Tuna Salad** Juicy white tuna mixed with onions & Mayo on Texas bread **\$4.35**

**Tuna Cheese Melt** Two halves of a Sesame Seed bun, covered with tuna, slice of cheese & fresh tomato then baked **\$6.25**

**Turkey** Roast shaved turkey breast with lettuce & Mayo on Texas bread **\$5.25**

**Roast Beef** Tender shaved roast beef with lettuce & Mayo on Texas bread **\$5.25**

**Four Winds Loaf** A 6 inch sub bun stacked with Ham, Pepperoni, onions, green peppers, cheese and pizza sauce **\$6.45**

**Beef Dip** Shaved Baron of beef on a French loaf with au jus for dipping **\$7.95**

**Philly Cheese Steak** Shaved roast beef on a freshly toasted French Loaf loaded with grilled mushrooms, green peppers, onions & melted cheese **\$8.25**

**Monte Cristo** A Triple Decker! Bread dipped in egg & grilled, filled with turkey, ham & Swiss cheese **\$7.35**

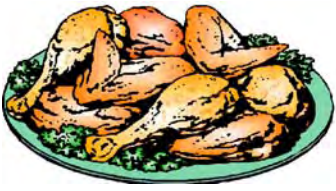
**Clubhouse** The classic triple Decker! Sliced roast turkey, ham, cheese, bacon, tomato & lettuce on Texas toast. **\$6.75**

**Chicken Caesar Wrap** The King of wraps. Fresh tossed crispy romaine lettuce covered with parmesan cheese, bacon bits, croutons and tender sliced chicken or Cajun spiced chicken. Served with garlic dressing in a 12" tortilla shell. **\$7.95**

**Club Wrap** The classic wrap. Sliced roast turkey, ham, cheddar, bacon, tomato and lettuce. Add a little mayo then wrap it in a 12" tortilla shell. **\$8.15**

All Sandwiches & Burgers Come With Pickles & Garnish

SIDE POUTIN \$3.95 Your Choice Of The Following Extras - Add **\$2.45**  
FRENCH FRIES, MASHED POTATOES, ONION RINGS, CAESAR SALAD, TOSSED SALAD,  
NACHOS OR SOUP



# ENTREES



- Chicken Fingers** 4 lightly breaded chicken fingers deep-fried & served with your choice of *sauce* **\$9.95**
- Chicken Dinner** 3 chicken pieces deep-fried to a golden brown **\$9.95**
- Chicken Cordon Bleu** Chicken breast stuffed with ham & Swiss cheese, baked to a golden brown on a bed of rice with mushroom sauce **\$13.95**
- Fish N' Chips** Pieces of cod coated in our special batter and deep-fried to a golden brown served with tartar sauce & a wedge of lemon **\$9.95**
- Breaded Shrimp Dinner** 9 breaded fantail shrimp, served with cocktail sauce **\$11.95**
- Liver and Onions or Bacon** 2 tender pieces of liver sautéed with your choice of onions or bacon **\$ 10.95**
- Hot Hamburger** A juicy beef patty placed over a slice of Texas bread then covered with gravy **\$9.95**
- Bratwurst** 3 pan fried bratwurst with wine sauerkraut served with honey or hot mustard **\$10.95**
- Pork Sausage** 6 pork sausage links pan fried with fried onions Served with honey or hot mustard **\$9.95**
- Ham Steak** Juicy pan fried ham steak with a side pineapple sauce **\$9.95**
- Hot Beef** Tender sliced roast beef placed over a slice of Texas bread then smothered with gravy **\$9.95**
- Hot Turkey** Juicy shaved roast turkey placed on a slice of bread, smothered with gravy **\$9.95**
- Hamburger Steak** Homemade beef patty covered with sautéed onions, then smothered with Gravy **\$10.95**
- Pork Chops** Pork chops, cooked to perfection & served with apple sauce **\$10.95**
- Baby Back Ribs** A full rack of baby back ribs, char-broiled with our special B.B.Q. sauce **\$14.95**
- Steak Sandwich** An aged 8 oz. Alberta New York steak cooked to your liking **\$11.95**
- New York Steak** New York strip loin char-broiled, with sautéed mushrooms  
8 oz. **\$12.95** 10 oz. **\$14.95**
- Rib-Eye Steak** The flavor built into the center of the cut. Char-broiled to your liking then covered with sautéed mushrooms 8 oz. **\$12.95** 10 oz. **\$14.95**
- Winds T-bone** A juicy 16 oz. T-bone steak char-broiled to perfection, then covered with sautéed mushrooms **\$17.95**

*(Available Friday Nights Only)*

- Alberta Prime Rib** Alberta's Finest, a choice cut, served with crispy Yorkshire Pudding  
8 oz. cut **\$13.95** 10 oz. cut **\$15.95**

**6 Shrimp \$6.95**

**2 King Crab Legs \$10.95**

All The Above Entrees Served With Soup, or Tossed or Caesar Salad & Fresh Vegetable  
**YOUR CHOICE OF FRENCH FRIES, MASHED, GARLIC MASHED,  
STUFFED, BAKED POTATO OR RICE**

**HOT NOON BUFFET 11:00—2:00 MONDAY—FRIDAY  
ADULTS \$9.95 SENIORS & CHILDREN \$6.95 KIDS 4 & UNDER FREE**

**Perogies** *Cheddar Cheese & potatoes with sautéed bacon, onions & sour cream or our special perogy gravy (diced bacon, mushrooms & onions sautéed in a rich cream sauce)* 6 / **\$7.95**

**Cabbage Rolls & Ham Sausage** *3 cabbage rolls in tomato sauce with* 6 oz ham sausage **\$11.95**

**Perogies and Ham Sausage** *Cheddar Cheese & potatoes with sautéed bacon, onions & sour cream or our special creamy gravy* 6 oz ham sausage & 6 perogies **\$10.95**



## PASTA & PIZZA



**Baked Spaghetti with Meatballs** *Fresh spaghetti & spicy meatballs covered with homemade Italian meat sauce & Mozzarella cheese baked to a golden brown* **\$11.95**

**Baked Spaghetti** *Fresh spaghetti covered with homemade Italian meat sauce & Mozzarella cheese then baked* **\$10.95**

**Baked Lasagna and Meat Sauce** **A Four Winds Favorite!** *Lasagna noodles with homemade meat sauce and Mozzarella cheese. Served with garlic toast, Parmesan cheese and hot Peppers* **\$11.95**

**Stir Fry or Cajun Stir-Fry** *Fresh vegetables & your choice of beef, chicken breast or jumbo shrimp, stir-fried with fresh vegetables & our special Oriental sauce or Cajun spicy blend with Chinese noodles or rice*

*Beef or Chicken* **\$10.95** *Shrimp* **\$14.95**  
*All Pastas come with Soup or Salad & Garlic Toast*

## CREATE YOUR OWN

	<b>SMALL</b>	<b>MED</b>	<b>LARGE</b>
<b>BASIC PIZZA, WITH CHEESE &amp; SAUCE</b>	<b>\$8.95</b>	<b>\$12.95</b>	<b>\$14.95</b>
Vegetarian: Mushrooms, Onions, Gr Peppers, Black Olives & Fresh Tomatoes.....	<b>\$12.95</b>	<b>\$16.95</b>	<b>\$17.95</b>
Meat Lovers: Ground Beef, Salami, Pepperoni, Bacon & Ham.....	<b>\$13.95</b>	<b>\$18.95</b>	<b>\$19.95</b>
4-Winds Special: Pepperoni, Onions, Bacon, Green Peppers, Mushrooms, Black Olives & Shrimp.....	<b>\$14.95</b>	<b>\$19.95</b>	<b>\$20.95</b>
<b>EACH ADDITIONAL TOPPING</b>	<b>\$1.00</b>		
<b>FETA CHEESE, MOZZARELLA</b>	<b>\$1.50</b>		
<b>SHRIMP</b>	<b>\$2.25</b>		

### DESSERTS

Dessert of the Day \$1.75 Fruit Pies \$2.75 Cream Pies \$2.95  
 Cinnamon Bun \$2.50 Muffins \$1.95 Ice Cream \$1.75 Homemade Cookies \$1.95  
**4 Layered Chocolate Cake \$3.95 Strawberry Shortcake \$3.95**  
**Cheesecake with your choice of topping (strawberry, raspberry, or blueberry) \$4.95**

### BEVERAGES

Coffee, Decaff. & Tea...\$1.66  
 Hot Chocolate.....\$2.66  
 Iced Tea.....\$2.75  
 Milkshakes.....\$3.95  
 Fruit Juices 12 OZ..... \$2.75  
 Fruit Juices 20 OZ.....\$3.25  
 Milk 12 OZ.....\$2.75  
 Milk 20 OZ.....\$3.25  
 Chocolate Milk 12 OZ...\$2.75  
 Chocolate Milk 20 OZ...\$3.25  
 Pop.....12 OZ \$2.00  
 Pop.....20 OZ \$2.28

**Bottomless Pop With Meal**

### SIDE ORDERS

French Fries.....\$3.25  
 Onion Rings.....\$3.75  
 Garlic Toast...(1).....\$2.00  
 Cheese Toast...(1).....\$2.55  
 Gravy.....\$.60

### GAMES ROOM & LOUNGE

OPEN DAILY  
 10:00 A.M - 3:00 A.M.  
 FOOD SERVICE TILL  
 MIDNIGHT  
 FULLY LICENSED  
 PRICES DO NOT INCLUDE G.S.T.

### WINE, BEER & SPIRITS

White or Red Wine.....Glass.. 6 oz..... \$4.50  
 .....Bottle 750ml....\$13.00  
 Domestic Beer..... \$4.75  
 Import Beer..... \$5.00  
 Draft ...Bud or Keith's ..... 12 oz. Mug \$3.81  
 ..... 20 oz. Pint \$4.76  
 ..... 48 oz. Jug \$10.95  
 Hi-Balls (bar stock)..... 1 oz. \$4.75  
 Cocktails (juice mix)..... 1 oz. \$5.00  
 Cocktails (milk mix)..... 1 oz. \$5.00  
 Ask your server for our wine list